

# Model Question of JSC Exam 2014

## Subject: Physical Education & Health

Time- 2 Hours

Full Marks- 50

### Section-A

1. Answer the following questions: (Any three) 5×3=15
- Explain the necessity for keeping good health?
  - What is educational gymnastics? Describe different kinds of educational gymnastics.
  - Describe the role of scouting and girl guide for leadership and human service.
  - What are the reasons of service faults in badminton game?
  - Mention how to take care of wounded place.

### Section-B

2. Answer the following questions: (Any three) 5×3=15
- Write the symptoms of HIV/AIDS
  - Describe the necessity of productive health.
  - Discuss the consequences of conceiving child at immature age and its prevention.
  - Write the social influences of AIDS.
  - Discuss the health for reproduction in the time of adolescence.

### Section- C

Answer the multiply choice questions. All questions should be answered. 1×20=20

- What happens to life for taking physical exercise?
 

(a) fresh	(b) decrease
(c) strong	(d) soft
- What type of song is Jari song?
 

(a) modern	(c) Nazrul
(c) Classical	(d) folk
- What is abdominal exercise?
 

(a) exercise of brain	(b) exercise for lower part of belly
(c) exercise of hands	(d) exercise of legs
- How many types of bandage are there?
 

(a) two types	(b) three types
(c) four types	(d) five types
- On which year was the scouting activity started in Bangladesh?
 

(a) 1990	(b) 1974
(c) 1981	(d) 1991

6. Who is the founder of scouting?  
(a) John Henry (b) lord Baden Powell  
(c) John Smith (d) John Hock
7. Which thing remains in the middle of a campus?  
(a) Chain (b) Pin  
(c) Teeth (d) Ball
8. What is the maturity age of a girl?  
(a) 10 years (b) 18 years  
(c) 20 years (d) 19 years
9. How many hours does a baby need to a sleep for removing its tiredness?  
(a) 5/7 hours (b) 9/10 hours  
(c) 2/3 hours (d) 6/7 hours
10. How many classes are classified of stick dance?  
(a) 4 (b) 5  
(c) 6 (d) 7
11. The name 'Badminton' comes from according to the name of-  
(a) Home (b) River  
(c) Flower (d) Village
12. When did football game start?  
(a) 1921 (b) 1930  
(c) 1919 (d) 1911
13. In which country badminton is played first-  
(a) England (b) India  
(c) China (d) Japan
14. What is the weight of a basket ball?  
(a) 550 g (b) 650 g  
(c) 750 g (d) 557 g
15. Which one is necessary for keeping body and mind fit?  
(a) Song (b) Study  
(c) Sport (d) Communication
16. Where is the game Basket ball originated?  
(a) India (b) England  
(c) America (d) China
17. How many kinds is competitive swimming -  
(a) 4 (b) 5  
(c) 6 (d) 7
18. Which of the following events belong to track event?  
(a) Swimming (b) Handball  
(c) Run (d) Jump
19. Which one is unnecessary in Hocky game?  
(a) Free hit (b) Penalty corner  
(c) Penalty (d) Offside
20. How many players can play in each group in Handball game?  
(a) 5 (b) 7  
(c) 9 (d) 12